



BEAUTY AESTHETICS. TRAINING

MELANPeel Hyperpigmentation Facial Aftercare

What results can you expect from a melan peel?

Most often, the melan peel results will show within a week after the professional treatment. You will start to see about 80% improvement in the first month.

It is important to maintain your results by ensuring you use your home care products.

Some of the added benefits include: better-hydrated skin, reduced pore size, regulated sebum production and a general rejuvenation of the surface of the skin.

DERMAMELAN POST CARE INSTRUCTIONS

Please make sure you do not accidentally wipe off the mask from your skin when you leave the clinic or smear it with your scarf or jacket.

Please go home immediately after the treatment and stay in a cool room away from wind and sun.

Leave the mask on your skin for the time. Usually, the mask is left on the face 10-12 hours and on sensitive areas like the eyelids or neck 8-10 hours.

When the time comes, wash the skin very well with lukewarm water, DO NOT scrub with anything harsh, just use your fingertips. After that use the sensitive skin cleanser provided and clean it thoroughly and gently. Tap dry with a very soft cloth.

Next day after the peel your skin will feel hot like a sunburn, tight, and slightly swollen.

For the first week after the peel:

- use the healing cream provided three to five times per day or as needed
- use the Eucerin Aquaphor appointment before bedtime or as needed
- avoid hot baths or very hot showers, jacuzzi, sauna, steam
- avoid picking or manually peeling off your skin
- STAY AWAY FROM THE SUN even indirect one
- use the sunscreen even indoors during the daytime
- avoid putting makeup while your skin is actively peeling

DO NOT use any harsh soaps, scrubs, or anything else other than what has been provided to you.

Your skin will usually start peeling off in 48 hours and will keep peeling for 5-7 days.

When the skin stops peeling start using the melan home treatment cream provided by applying a pea-sized amount and rubbing it all over your skin till it gets absorbed at bedtime only. Keep using the healing cream and moisturiser and plenty of sunscreens during the day.