

Aqualyx

Post Treatment Care

- If painful immediately after treatment please do not use any pain relief OTHER than paracetamol. 2x 500mg is the maximum dosage. No ibuprofen!!!
- Pressure garments must be worn for 2-3 days after your treatment if your practitioner has advised them.
- In less common cases dizziness can occur for about 2 hours after the procedure. If this occurs please do not panic, drink plenty of water and rest.
- Notify your practitioner if this does not subside.
- Do not apply any kind of cosmetics onto the treated area within the first 12 hours following treatment.
- Avoid immediate exposure to heat sources for 7 day

Is there any downtime and how long is recovery in the face / chin area?

Following treatment in the face, there may be swelling and discomfort around the treated area that might be slightly uneven. This will last for around 3-5 days and subside dramatically. Once the initial swollen phase is over, there will possibly be small lumps and bumps which are bruises under then skin. This may take a couple of weeks to resolve. These are not usually visible or only slightly visible. The face requires only a small amount of solution so the side effects are minimal.

Is there any downtime and how long is recovery in the body?

Recovery after treatment can last longer than in the face. The technique is more aggressive for the body and you may experience uncomfortable swelling for a number of days after the treatment. We recommend you wear compression bandages immediately after treatment to assist the healing process. The swelling will subside after a few days. Some bruising is likely in and around the treated area. Topical arnica is recommended to aid the healing process. It is recommended to avoid alcohol, ibuprofen and excessive exercise or caffeine for the next two weeks.

Any bruising can be covered using camouflage makeup if required. Generally, patients tolerate the procedure extremely well and frequently say that the downtime was welcomed because they are looking forward to their results.

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